

# WEEKLY ENTERTAINMENT PROGRAM

FROM 26<sup>th</sup> SEPTEMBER 2020  
TO 04<sup>th</sup> OCTOBER 2020



Chandolin : +41(0)27 476 17 15 or chandolin@anniviers.ch  
Grimentz : +41(0)27 476 17 00 or grimentz@anniviers.ch  
St-Luc : +41(0)27 476 17 10 or saint-luc@anniviers.ch  
Zinal : +41(0)27 476 17 05 or zinal@anniviers.ch

## SATURDAY 26<sup>TH</sup> SEPTEMBER 2020

### 11.15 am & 1.15 pm Sun Observation



**Meeting place :** At the Observatory, 10 minutes before the beginning  
**Price :** CHF 10. - / adult - CHF 7. - / child  
Free with the AL Pass  
**Notes :** COVID-19 – Mask is compulsory

### 5.15 pm

### Planetarium



**Meeting place :** At the Stellarium, 10 minutes before the beginning  
**Registration :** At the Tourist Office of St-Luc +41(0)27 476 17 10  
**Price :** CHF 10. - / person, CHF 5. - / with the AL Pass  
**Notes :** The Stellarium house a dome and a digital planetarium of high quality, which enable to watch various astronomical movies and the season sky  
COVID-19 – Mask is compulsory

### 9 pm

### Astronomical Night



**Meeting place :** At the Funicular 10 minutes before the beginning  
**Registration :** on <https://reservation.valdanniviers.ch/>  
**Price :** CHF 26.- / adult - CHF 24.- / child (from 6 to 15 years)  
CHF 20.- with Magic Pass or ski season abo  
CHF 10.- / with the AL Pass  
**Notes :** Duration: 1h<sup>30</sup>-2h. Provide hot clothes. The funicular's going up is included in the visit's price. The visit will happen no matter the weather  
COVID-19 – Mask is compulsory

## SUNDAY 27<sup>TH</sup> SEPTEMBER 2020

### 1.15 pm

### Sun Observation



**Meeting place :** At the Observatory, 10 minutes before the beginning  
**Price :** CHF 10. - / adult - CHF 7. - / child  
Free with the AL Pass  
**Notes :** COVID-19 – Mask is compulsory

St-Luc

St-Luc

Day

**Alphatraining**

|          |                               |
|----------|-------------------------------|
| 10 am    | Tabata 4x4                    |
| 11.15 am | Glutes ABS                    |
| 12.30 pm | Bodybuilding                  |
| 2 pm     | Kids lesson (games and sport) |
| 3.15 pm  | Tabata 4x4                    |
| 4.30 pm  | Box training                  |
| 5.45 pm  | Giant circuit training        |

**Meeting plac :** At the communal hall  
**Registration:** +41 78 942 38 54  
**Price :** CHF 20.- per lesson

**MONDAY****28<sup>TH</sup> SEPTEMBER 2020**

Day

**Alphatraining**

|          |                               |
|----------|-------------------------------|
| 10 am    | Tabata 4x4                    |
| 11.15 am | Glutes ABS                    |
| 12.30 pm | Bodybuilding                  |
| 2 pm     | Kids lesson (games and sport) |
| 3.15 pm  | Tabata 4x4                    |
| 4.30 pm  | Box training                  |
| 5.45 pm  | Giant circuit training        |

**Meeting plac :** At the communal hall  
**Registration :** +41 78 942 38 54  
**Price :** CHF 20.- per lesson

1.30 pm

**Treasure Hunt in Anniviers**

Be part of a fascinating treasure hunt and learn how to use a DVA

**Meeting place :** At Calvaire  
**Registration :** At the Tourist Office until the day before at 5 pm  
**Price :** CHF 5.- / Person  
**Notes :** **COVID-19 – Mask is compulsory**

5 pm

**Guided tour of the Bourgeoisie**

**Meeting place :** At the Bourgeoisie  
**Registration :** At the Tourist Office until Monday 12pm  
**Price :** CHF 5.- / Adult – Included in the AL Pass  
**Notes :** Only in French  
**COVID-19 – Mask is compulsory**

6 pm

**Visit of the village**

**Meeting place :** At the Marmotte Square  
**Registration :** on <https://reservation.valdanniviers.ch/>  
 or at the Tourist Office counter until midday  
**Price :** Free  
**Notes :** **COVID-19 – Mask is compulsory**

7 pm

**Come and challenge the best petanque players of Grimentz**

**Meeting place :** Petanque place – next to the tennis  
**Registration :** Not necessary  
**Price :** Free  
**Notes :** Petanque's balls available – canteen

# TUESDAY 29<sup>TH</sup> SEPTEMBER 2020

9.45 am

## Visit of the Hydroelectrical Power Plant

A good opportunity to learn its functioning with René Baumann



Mottec



**Meeting place :** At the Power Plant  
**Registration :** At the Tourist Office until Tuesday at 5pm  
**Price :** CHF 10.- / Adult - CHF 5.- / Child  
Included in the AL Pass  
**COVID-19 – Mask is compulsory**

9.30 am – 12 pm

## “ Mycological morning ”

With Isabelle Cheseaux, Cantonal mycologist

St-Luc



**Meeting place :** At the Hotel Bella Tola  
**Price :** CHF 30.- / person

2 pm

## Guided tour of the dam : «Moiry's Dam »

Come in the building of the Moiry damm and visit the tunnel



Grimentz



**Meeting place :** At the parking of the dam in front of the information panel  
**Registration :** At the Tourist Office until Monday at 6 pm  
**Price :** CHF 9.- / Adult - CHF 7.- / Child  
Included in the AL Pass  
**COVID-19 – Mask is compulsory**

4 pm

## Making rye bread

**Meeting place :** At the Marmotte Square  
**Registration :** On <https://reservation.valdanniviers.ch/>  
or at the Tourist Office counter until the day before 3 pm  
**Price :** CHF 15.- / Adult - CHF 12.- / Child  
**Notes :** **COVID-19 – Mask is compulsory**

St-Luc



4 pm - 6 pm

## Visit of « Grand Mother's House»

This former family home is furnished in period style



Grimentz

**Meeting place :** In the center of the old part of the historic Grimentz village  
**Registration :** Not required  
**Price :** CHF 5.- / Adult  
Included in the AL Pass  
**Notes :** **COVID-19 – Mask is compulsory**

# WEDNESDAY 30<sup>RD</sup> SEPTEMBER 2020

10 am - 3 pm

## Guided Visit of La Lée Copper Mine

Discover the only Copper Mine opened to visitors in Switzerland



Zinal



**Meeting place :** At the Copper Mine (1h30 walk from Zinal)  
**Registration :** On <https://reservation.valdanniviers.ch/>  
or at the Tourist Office counter until 5 pm the day before  
**Price :** CHF 9.- / Adult – CHF 5.- / Child  
Free with the AL Pass  
**Notes :** Wear good shoes, warm clothes, bring your frontal lamp  
**COVID-19 – Mask is compulsory**

11.<sup>15</sup> am**Sun Observation**

**Meeting place :** At the Observatory, 10 minutes before the beginning  
**Price :** CHF 10.- / adult - CHF 7.- / child  
 Free with the AL Pass  
**Notes :** **COVID-19 – Mask is compulsory**

2pm

**Historical visit of the old village and the Ella Maillart Museum**

**Meeting place :** In front of the Tourist Office  
**Registration :** On <https://reservation.valdanniviers.ch/>  
 or at the Tourist Office counter until 5 pm the day before  
**Information :** From 3 people

4.<sup>30</sup>pm-6.<sup>30</sup>pm**Commented visit of the little museum of St-Luc**

**Meeting place :** At the little museum, 100 meter up of the Bourgeoisie on the way to the funicular  
**COVID-19 – Mask is compulsory**

5.<sup>15</sup> pm**Planetarium**

**Meeting place :** At the Stellarium, 10 minutes before the beginning  
**Registration :** At the Tourist Office of St-Luc +41(0)27 476 17 10  
**Price :** CHF 10.- / person, CHF 5.- / with the AL Pass  
**Notes :** The Stellarium house a dome and a digital planetarium of high quality, which enable to watch various astronomical movies and the season sky  
**COVID-19 – Mask is compulsory**

9pm

**Astronomical Night**

**Meeting place :** At the Funicular 10 minutes before the beginning  
**Registration :** on <https://reservation.valdanniviers.ch/>  
**Price :** CHF 26.- / adult - CHF 24.- / child (from 6 to 15 years)  
 CHF 20.- with Magic Pass or ski season abo  
 CHF 10.- / with the AL Pass  
**Notes :** Duration: 1h<sup>30</sup>-2h. Provide hot clothes. The funicular's going up is included in the visit's price. The visit will happen no matter the weather  
**COVID-19 – Mask is compulsory**

**THURSDAY 01<sup>ST</sup> OCTOBER 2020**9.<sup>15</sup> am to 1 pm**Introduction to the Via Ferrata with a mountain guide**

**Meeting place :** At the parking of the dam  
**Registration :** Guide office of Anniviers +41(0)78 965 71 20 or  
[info@guides-anniviers.ch](mailto:info@guides-anniviers.ch)  
**Price :** CHF 130.- / Person

1.<sup>30</sup> pm**Searching gold (goldwashing)**

**Meeting Place :** At Plats de la Lée car park  
**Registration :** At the Tourist Office until Wednesday at 5 pm  
**Price :** CHF 8.- / Person  
**Notes :** **COVID-19 – Mask is compulsory**

2 pm

**Crossing the Moiry Glacier and night in an alpine hut**

Friday climbing the Pigne of la Lé (easy)



**Meeting place :** At the restaurant of the dam  
**Registration :** Guides office of Anniviers +41(0)78 965 71 20 or info@guides-anniviers.ch  
**Price :** CHF 400.- / Adult – CHF 300.- / Youth (10 to 14 years)  
 Via ferrata, crossing the Moiry glacier, night in an alpine hut and climbing the Pigne de la Lé

5 pm

**Baking rye bread**

**Meeting place :** At the oven, underneath the Sawmill  
**Registration :** on <https://reservation.valdanniviers.ch/> or at the Tourist Office counter until Tuesday 5 pm  
**Price :** CHF 15.- / Adult – CHF 12.- / Child  
**COVID-19 – Mask is compulsory**

**FRIDAY****02<sup>ND</sup> OCTOBER 2020**

6 pm

**Hunting and sunset meal**

Tales and Legends Cédric Jossen – Special evening with the projection “l’envol de l’Aigle” by Aurèle Salamin



**6 pm :** Ascent to the Grimentz-Sorebois cabin  
Tales & Legends  
**6.15 pm :** Ascent to the horn of Sorebois to admire the sunset  
Sunset aperitif Tales & Legends  
**8 pm :** Hunting & Terroir meal at BAP/Espace Weisshorn  
Tales & Legends  
**10 pm :** Cabin descent to Grimentz  
**Price :** CHF 85.- / adult – CHF 60.- / child  
**Registration :** www.valdanniviers.ch

**SATURDAY****03<sup>RD</sup> OCTOBER 2020**

11.15 am

**Sun Observation**

**Meeting place :** At the Observatory, 10 minutes before the beginning  
**Price :** CHF 10. - / adult - CHF 7. - / child  
 Free with the AL Pass  
**Notes :** **COVID-19 – Mask is compulsory**

5.15 pm

**Planetarium**

**Meeting place :** At the Stellarium, 10 minutes before the beginning  
**Registration :** At the Tourist Office of St-Luc +41(0)27 476 17 10  
**Price :** CHF 10. - / person, CHF 5. - / with the AL Pass  
**Notes :** The Stellarium house a dome and a digital planetarium of high quality, which enable to watch various astronomical movies and the season sky  
**COVID-19 – Mask is compulsory**

9pm

**Astronomical Night**

**Meeting place :** At the Funicular 10 minutes before the beginning  
**Registration :** on <https://reservation.valdanniviers.ch/>  
**Price :** CHF 26.- / adult - CHF 24.- / child (from 6 to 15 years)  
 CHF 20.- with Magic Pass or ski season abo  
 CHF 10.- / with the AL Pass

**Notes :** Duration: 1h<sup>30</sup>-2h. Provide hot clothes. The funicular's going up is included in the visit's price. The visit will happen no matter the weather

**COVID-19 – Mask is compulsory**

11.<sup>15</sup> am **Sun Observation**

**Meeting place :** At the Observatory, 10 minutes before the beginning  
**Price :** CHF 10.- / adult - CHF 7.- / child  
 Free with the AL Pass

**Notes :** **COVID-19 – Mask is compulsory**

**FROM 02<sup>ND</sup> OCTOBER TO 04<sup>TH</sup> OCTOBER 2020**

**Day****Swiss Downhill Championchips & Hot Trail Series**

The Bikepark St-Luc hosts the Swiss DH Mountain Bike Championships as well as round of the Hot Trail Series on 3 and 4 October! More than 200 athletes from all over Switzerland will be on «La Rouge» for two days of intense competition.

**Friday**

**9-11 am :** On foot Downhill course inspection  
**11 am-5 pm:** Free training

**Saturday**

**8-10 am :** Registration + plates removal  
**9-12 am :** Training  
**12-1 pm :** Training licences  
**1.<sup>30</sup>-4 pm :** Seeding run

**Sunday**

**9-11 am :** Training  
**12-1 pm :** Training licences  
**1.<sup>30</sup>-4 pm :** Finals  
**From 4:30 pm :** Prize giving ceremony

**BELVEDÈRE SPRINT**

**Zinal****Run against the stop watc**

And compare your time with the champions

**Departure :** On the red line from the Pont de la Barmette  
**Arrival :** At the top of the Belvedere Rock  
**Notes :** Communicate your time at the Tourist Office !

**EXHIBITIONS**

## Mission

### Cholaïc

Digital acryl and oil painting acryl by Emeline Doremus

From Wednesday to Sunday

Presence of the artist 24<sup>th</sup> October from 2.<sup>30</sup> to 6 pm

## Grimentz

### Grand Mother's House

This former family home is furnished in period style

From 7 July to 27 October : every Tuesday from 4 to 6 pm

Opening on request for groups : +41(0)27 476 17 00

Free visit throughout the year through a glazed window

## St-Luc

### Galerie La Craquelure

« Tchévrett »

Ceramics by Danielle Salamin-Muller and pictures by Jean-Pierre Salamin

Opening on request : +41(0)78 614 90 89 or craquelure.org

### Restaurant Le Beausite

Ancient pictures from NotreHistoire.ch

« Tournage sur bois » by Schmidt Armin de Feschel

From 13<sup>rd</sup> June to 25<sup>th</sup> October 2020

### Hôtel Bella Tola

Exhibition of « Eaux Fortes ». Private collection of paintings by Edouard Vallet

Open every day

### Spray Positive

Creation of a lively and ephemeral exhibition of urban art, spread over several locations in Switzerland. The concept: to create a work on a three-dimensional cube, linked to the place in which the exhibition is to be held. In St-Luc this summer, the theme of astronomy will be developed by the French artist Philippe Beudelouque and will be exhibited in Tignousa until the end of October.

### Sierre -Zinal

Exhibition dedicated to the Sierre-Zinal race, at the Bella Tola refuge, 4.4 km and 700 D + from the arrival of the Tignousa funicular, until 31 October 2020

## Vissoie

### Picture Pathway

Free visit: « Des animaux plein les yeux » by René-Pierre Bille, wildlife photographer and film maker, following the path around the chapel hill.

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**plus de 20 activités et transports offerts**

de juin à octobre

**mehr als 20 Aktivitäten und Transport werden Ihnen angeboten**

von Juni bis Oktober

**more than 20 activities and transports are offered to you**

between June and October



→ **anniviers-liberte.ch** ←



GRAVÉ DANS MON CŒUR.